



Date in:	
Date out:	
Number:	

## PATIENT INFORMATION

CLINIC INFO: \_\_\_\_\_ First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
 \_\_\_\_\_ Weight lbs: \_\_\_\_\_ Gender: \_\_\_\_\_ Shoe Size: \_\_\_\_\_ Type of shoes: \_\_\_\_\_

## BIOMECHANICAL EXAMINATION FINDINGS

Arch Height: Non-Weight Bearing  High  Medium  Low  
 Arch Height: Weight Bearing  High  Medium  Low  
 Metatarsal Adductus  Rear Foot Varus  Fore Foot Valgus  
 Rear Foot Valgus  Fore Foot Valgus  
 Gait Pattern:  Out toe  In toe  Straight  
 Hallux:  Valgus  Limitus  Rigidus  Pes Planus  Pes Cavus  
 Right   
 Left

## 1. TYPES OF ORTHOTICS

SPORT MEDIX  MARATHON  SUPER FLEX  SAFETY MEDIX  
 CASUAL MEDIX  DRESS  HIGH HEEL  
 ACCOMMODATIVE  DIABETIC :  EVA  Cork  Polypropylene (Thin)  
 UCBL  ROBERT WHITMAN  
 Induce in-toeing  Induce out-toeing   
 Heel Cup Depth  10mm  12mm  15mm  Other \_\_\_\_\_  
 Cast Dressing  Min  Moderate  Max  
 Shell Cut Out  Standard  Wide  Narrow  
 PREMIUM\*  XT SPORT MEDIX  XT CASUAL MEDIX  XT DRESS MEDIX

## 2. TYPES OF BACK COVERS

Vinyl:  Black  Navy Suede\*:  Black  Tan  Brown  
 Microcell:  Black  Green  Red  Navy

## 3. TYPES OF TOP COVERS

<b>Vinyl</b> <input type="radio"/> Black <input type="radio"/> Navy <input type="radio"/> Brown <input type="radio"/> Red <input type="radio"/> Grey	<b>Spenco ETC</b> <input type="radio"/> Black <input type="radio"/> Blue <input type="radio"/> Navy	<b>Microcell</b> <input type="radio"/> Black <input type="radio"/> Navy <input type="radio"/> Red <input type="radio"/> Green <input type="radio"/> Brown <input type="radio"/> Yellow	<b>Kids</b> <input type="radio"/> PPNW <input type="radio"/> GRYN  <small>P:Pink, P:Purple N:Navy, W:White G:Green, R:Red Y:Yellow</small>	<b>Leather*</b> <input type="radio"/> Black <input type="radio"/> Brown <input type="radio"/> Beige  <b>X Static* (Antibacterial)</b> <input type="radio"/> Black	<b>Suede*</b> <input type="radio"/> Black <input type="radio"/> Tan <input type="radio"/> Brown  <b>Bamboo*</b>
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## 4. CUSHION AND POSTING

**Shell Thickness**  1 mm  2 mm  3 mm  Other \_\_\_\_\_  
**Length**  Full Length  3/4 (to Mets)  Sulcus  
**Cushion Mid Layer**  None  2 mm  3 mm  Extra \_\_\_\_\_  
**Rearfoot**  Extrinsic  Intrinsic  
 Left  Varus \_\_\_\_\_  Valgus \_\_\_\_\_  
 Right  Varus \_\_\_\_\_  Valgus \_\_\_\_\_  
**Forefoot**  Extrinsic  Intrinsic  
 Left  Varus \_\_\_\_\_  Valgus \_\_\_\_\_  
 Right  Varus \_\_\_\_\_  Valgus \_\_\_\_\_  
 Ext to Sulcus  
**Heel Lift**  Left \_\_\_\_\_ mm  Right \_\_\_\_\_ mm

## 5. MODIFICATIONS: SOFT & HARD

<input type="checkbox"/> Left <input type="checkbox"/> Right	<input type="checkbox"/> Left <input type="checkbox"/> Right	<input type="checkbox"/> Left <input type="checkbox"/> Right	<input type="checkbox"/> (1, 2, 3, 4, 5) L <input type="checkbox"/> (1, 2, 3, 4, 5) R	<input type="checkbox"/> (1, 2, 3, 4, 5) L <input type="checkbox"/> (1, 2, 3, 4, 5) R	<input type="checkbox"/> Left <input type="checkbox"/> Right	<input type="checkbox"/> (1, 2, 3, 4, 5) L <input type="checkbox"/> (1, 2, 3, 4, 5) R
<input type="checkbox"/> Left <input type="checkbox"/> Right	_____ mm <input type="checkbox"/> Left <input type="checkbox"/> Right	<input type="checkbox"/> Left <input type="checkbox"/> Right	<input type="checkbox"/> Left <input type="checkbox"/> Right	<input type="checkbox"/> Left <input type="checkbox"/> Right	<input type="checkbox"/> Left <input type="checkbox"/> Right	
<input type="checkbox"/> Left <input type="checkbox"/> Right	<input type="checkbox"/> Left <input type="checkbox"/> Right <input type="checkbox"/> Hard <input type="checkbox"/> Soft	<input type="checkbox"/> Left <input type="checkbox"/> Right <input type="checkbox"/> Hard <input type="checkbox"/> Soft	R <input type="checkbox"/> Medial _____ mm R <input type="checkbox"/> Lateral _____ mm L <input type="checkbox"/> Medial _____ mm L <input type="checkbox"/> Lateral _____ mm			
<input type="checkbox"/> Left <input type="checkbox"/> Right	<input type="checkbox"/> Left <input type="checkbox"/> Right	<input type="checkbox"/> Left <input type="checkbox"/> Right	<input type="checkbox"/> Left <input type="checkbox"/> Right	<input type="checkbox"/> Left <input type="checkbox"/> Right		

## 7. ADDITIONAL REQUESTS

## Information

- **SPORT MEDIX:** 3 mm blue sport top cover, and a semi rigid core. This orthotic is designed to provide full arch support. Fits best in wide, casual, and sport shoes.
- **MARATHON:** 3 mm black sport top cover, semi rigid core, and 3 mm arch fill. This orthotic is designed to provide extra support in the arch and heel area, and has great shock absorption. It is best used for those running long distances or participating in any form of physical activity.
- **SUPER FLEX:** 3 mm black sport top cover, semi flex core, and 3 mm arch fill support. This orthotic is designed for those who stand on their feet for long periods of time. Fits best in walking, running, and wide casual shoes.
- **SAFETY MEDIX:** 3 mm black sport top cover, semi rigid core, 1.5 mm additional forefoot cushion, and 3 mm arch fill support. This orthotic is designed for safety shoes and work boots. It provides the best form of motion control and has great shock absorption.
- **CASUAL:** vinyl top cover (can also be made using leather, microcell or suede material), semi rigid core, and 2 mm mid layer cushion. This orthotic is designed to provide the best form of support for the arch and heels. Fits in regular shoes.
- **DRESS:** vinyl top cover (can also be made using leather, microcell or suede material), semi rigid core, and 1 mm cushion. This orthotic is designed for casual shoes and provides excellent arch support.
- **HIGH HEELS:** vinyl top cover (can also be made using leather, microcell or suede material), semi rigid core, and 1 mm cushion. This orthotics slim design is best used for high heel shoes.

### CHILDREN'S PEDIATRIC:

- **UCBL (The University of California-Berkeley Laboratory):** 3 mm funky kids top cover, and semi-rigid core. It is custom made to stabilize the heel and works best for those who have a foot deformity. The UCBL has a deep heel cup, as well as a medial and lateral wall which helps hold the foot in a neutral position. It provides excellent control in the medial arch and lateral foot. Many cases of pes plano-valgus can be corrected using a UCBL with good medial support.
- **ROBERT WHITMAN (RW):** funky kids top cover (can also be made using leather, microcell or suede material), and semi-rigid core. The Robert Whitman orthotic is designed to provide maximum support for excessive pronation. It is made with a deep heel cup, medial wall, and lateral clip. In comparison to the UCBL, RW has more control and supports lateral clip.
- **INDUCE IN-TOE:** vinyl top cover (can also be made using leather, microcell or suede material), polypropylene core cut proximal to the 5th metatarsal head and extend distal from 1st metatarsal head to the 1st toe. This Out-Toe Gait Plate device is specifically used for patients that have an **Out-Toe** gait abnormality.
- **INDUCE OUT-TOE:** vinyl top cover (can also be made using leather, microcell or suede material), polypropylene core cut proximal to the 1st metatarsal head and extended from distal 5th metatarsal head to 5th toe. This In-Toe Gait Plate Device is specifically used for patients who have **In-Toe** Abnormalities.
- **ACCOMMODATIVE :** vinyl top cover (can also be made using leather, microcell or suede material), EVA core, and 4 mm cushion. This orthotic is designed to provide the patient with a comfortable cushion insole. Additionally, it helps to re-distribute the patient's body weight. This orthotic can be used for diabetic patients.
- **DIABETIC :** Plastazote top cover (can also be made using leather, microcell or suede material), 1 mm polypropylene core, EVA arch fill, and Plastazote cushion. This orthotic is specifically designed for diabetic and/or senior patients.

### PREMIUM:

- **XT SPRINT:** a unique polymer matrix used to create a thin, strong, and sturdy orthotic.
- **XT SPORT MEDIX:** 3 mm bamboo top cover, rigid XT Sprint core, and 3 mm sport cushion. This orthotic is designed to have a low heel cup, and provides full function arch support.
- **XT CASUAL MEDIX:** vinyl top cover, rigid XT Sprint core, and 2 mm cushion. Fits best in casual shoes.
- **XT DRESS MEDIX:** vinyl top cover, rigid XT Sprint core, and 2 mm cushion. Fits best in dress shoes.

### GENERAL REQUEST FOR PICK-UP AND DELIVERY:

- Request for pick-up must be emailed to [info@canadaorthomedix.com](mailto:info@canadaorthomedix.com) by 12 pm of the same day you would like pick-up to occur.

- Pick-up and delivery from the courier can occur at any time between the confirmed business hours of the clinic. If for any reason your clinic is closed during the time requested for pick-up or delivery, you will be charged for that pick-up or delivery.

Women's Sizes		Men's Sizes		Youth Sizes	Age
Can/US	Euro	Can/US	Euro	Can/US	
4	35	3	36	12	4-6
5	36	4	37	13	
6	37	5	38	1	6-8
7	38	6	39	2	
8	39	7	40	3	8-10
9	40	8	41	4	
10	41	9	42	5	
11	42	10	43	6	
		11	44		
		12	45		
		13	46		
		14	47		